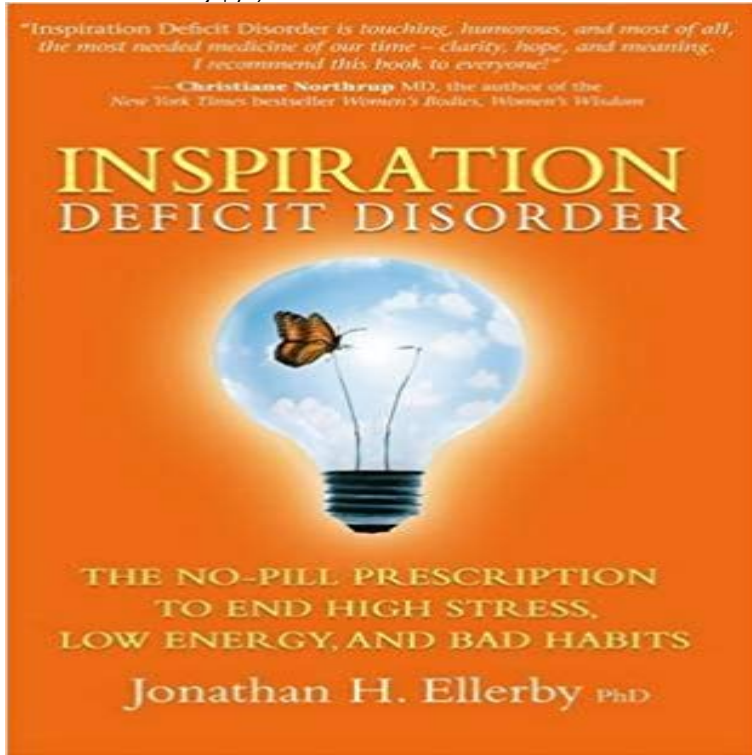


Inspiration Deficit Disorder: The No-Pill Prescription to End High Stress, Low Energy, and Bad Habits



Join Jonathan Ellerby for a journey into a world more amazing than you can imagine a place of unlimited power, potential, and peace: your inspired self. Envision your health, your relationships, and your work . . . all fueled by a sense of vitality and freedom. In this practical, easy-to-read book, you'll learn simple steps that have already helped thousands of people from all walks of life discover the incredible energy and daily peace they were born to experience. It's not about giving you other people's answers; it's about helping you find your own, and having the tools to put them into action. Learn why an inspired life is critical to your health and happiness. The shocking truth is that the majority of challenges people face today relating to high stress, weight gain, dating and divorce, job dissatisfaction, fear, anger, depression, addiction, and loneliness are all just symptoms of a single underlying problem: Inspiration Deficit Disorder. This common condition is the result of being disconnected from one's natural wisdom, talent, and sense of what matters most. As you read the material within these pages, you'll see that you can correct this imbalance faster than you think. Inspiration is a choice!

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